## Principal's Newsletter

# Verner Elementary School

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Our goal every day is to provide a safe learning environment where every child can reach their full potential. During the winter months illness becomes a major hurdle in providing kids with an effective education because they cannot focus when they are sick. It is a difficult decision about whether or not your child is sick enough to keep them home or send them to school. Below are some guidelines that may help you with this decision.

Sincerely,

Jason Shoaf

#### Sick Children, Send to school or keep home?

Many illnesses are easily spread, both in school and in the family. Keep in mind that hand washing is the single most important thing that you can do and teach your child to do to help prevent the spread of infections. Hand sanitizers will also help. It is also helpful to teach children to cover their mouth with sneezing and coughing.

If you bring a child to school with any of the symptoms listed on the attached page it puts other children and staff at risk for getting sick. If all parents keep their sick children at home we will have stronger, healthier and happier children.

When there is any doubt in your mind about sending your child to school, consult your child's doctor before doing so. A phone consultation may be all that is necessary, or your child's doctor may need to see the child in the office.

While we regret any inconvenience that this may cause, in the long run this means fewer lost work and school days and less illness for everyone.

• Go to school – If your child has any of the following symptoms, they should probably go to school:



## **Upcoming Events**

#### December 23

Last day of school before the holiday break

#### January 5

Children return to school

#### January 6

VPTO Meeting—6pm Verner Library

#### January 22

End of the Second Nine Weeks

### Important Announcement

The Riverview School District is revising their visitor procedures for entering each building. We are currently working on this endeavor and will be sending home the new procedures once they are revised and complete. If you have any concerns or input on entry and visitor procedures please feel free to email Jason Shoaf at jshoaf@rsd.k12.pa.us

- Sniffles, a runny nose and/or a mild cough without a fever
- Vague complaints of aches, pains or fatigue
- Single episode of diarrhea or vomiting without any other symptoms
- Ear infection without fever- Your child does not need to be excluded, but does need medical treatment.
- Please keep home if fever or pain is present.

Stay at home – If your child has any of the following symptoms, please keep your child home:

- Fever- temperature of 100.5 degrees Fahrenheit or higher. Remember that a child must be fever free (without the use of fever-reducing medication) for 24 hours before returning to school.
- Eyes- with thick mucus or pus draining from the eye or pink eye. With pink eye you may see a white or yellow discharge, matted eyelids after sleep, eye pain and/or redness. Your child must receive 24 hours of antibiotics and/or doctor approval before returning to school.
- Sore Throat with fever or swollen glands in the neck. Your child may return to school after 24 hours of antibiotic with strep throat.
- Vomiting- two (2) or more times within the past 24 hours.
- Diarrhea- three (3) or more watery stools in a 24-hour period, especially if the child acts or looks ill.
- Rash with fever or itching. Heat rashes and allergic reactions are not contagious.
- Chicken Pox-Children must stay at home for five (5) days after the onset of blisters, or until all pox are scabbed over and dry.
- If your child shows any of the above symptoms at school, it will be necessary to pick him/her up from school.



## In the Community

From the Verner Family to yours will would like to wish everyone a very Happy Holiday and a wonderful New Year.