

Wellness-Related Policy Assessment – 2018-2019 (August – December 2018)

School Name: Yerner Elementary – Wellness Committee (Advisory Council Review -

Strategy	Current Policy	Strength of Current Policy			Implementation of Current Policy					Notes
		Strong	Weak	No Policy	School Wide	Most Classrooms	A Few Classrooms	In Planning	No Classrooms	
<p><i>Topics Discussed</i></p> <p>Committee Meetings – Adoption of annual calendar. Approval of Calendar by Committee. Include Calendar as part of the Committee By-laws.</p> <p>Committee Meetings – Sign-in sheets should state name and position of those in attendance: Ex: Jane Doe – Teacher.</p> <p>Committee Meetings – By-Laws Development & Adoption</p> <p>Committee Meetings – Composition of members.</p> <p>Committee Meetings – Discussion at PTO meetings – information sent home to parents, Spread the word.</p>	<p><i>Status</i></p> <p>Annual Calendar developed and adopted by committee. Copies have been collected for documentation.</p> <p>Sign-in sheets are being turned in for each meeting.</p> <p>By-Laws adopted in 16-17, no changes to them for 17-18.</p> <p>Mrs. Plance has 2 students on the committee in November. It is often difficult to get elementary students to attend these meetings. Mrs. Plance has made much effort to involve the students as well as parents/staff/PTO members to create a well-rounded committee as required by the National School Lunch Program and the Wellness Policy.</p> <p>Discussion about updating parents via newsletters, PTO discussions, Facebook, website, etc., Nutrition promotion.</p>	X			X				X	<p>Opportunities, Barriers, Resources Needed, Rank Policies by Priority, etc.</p> <p>None</p> <p>None</p> <p>Notes</p> <p>Notes</p>

Food – Serving Provide potable water	Yes – As required by the Healthy, Hunger-Free Kids Act – During Serving Times Potable Water is available free.	X	X	X				
Provide non-food rewards.	All rewards have now moved away from food items and are now non-food reward items.	X	X	X				
Primarily non-food items should be sold through school fundraising activities/		X	X	X				School Fundraising items are sold outside of the school day and do include candy, and other non-healthy type items. PTO's and Boosters choose these items.
Provide opportunity for hand-washing and sanitizing prior to meal periods.		X	X	X				
Provide appropriate meal times: Allow 10 mins sit down time for breakfast. Allow 20 minutes sit down time for lunch.	More than required time offered: 20 minutes sit down for breakfast and 30 minutes sit down time for lunch.	X	X	X				
Provide opportunities for children to get physical activity every day.	Mr. MacConnell presented swim safety. Kick-off Dance was held. Guidance Counselor is holding mindful Mondays. Relaxation techniques, healthy eating choices. Ms. Cosentino sponsored an event for the students called a Tree Pose in November as part of the Fitness Friday events. Also, monthly events included, walks, the chicken dance, brain breaks, and a plank challenge. Ms. Consentino sponsored 12 Days of Fit-Mas	X	X	X				Verner still participates in the Girls on the Run event. 30-minute Recess daily Metz held a raspberry tasting sampling in September and is planning a Garbonzo

<p>Bean sampling in early 2019.</p> <p>Verner is shining with wellness activities for the students and staff.</p>					<p>which included a ton of daily exercise items such as sit ups, pushups, planking, jump rope, etc.</p>	
	X					<p>The school demonstrates a commitment to neither deny nor require physical activity or meals as a means of punishment.</p>
	X				<p>Smart Snack letters/pricing set out at the beginning of school year – as well as discussion with PTO’s etc. Documentation in binder.</p>	<p>Smart Snacks – Food List for parents – Metz pricing list. Notify parents annually.</p>
<p>Notes: I will remind Mrs. Plance to discuss them with the PTO and Committee again.</p>	X				<p>Safe walking/bicycle routes approved and posted on the website. Annual distribution of the routes provided in the student handbook.</p>	<p>Develop Safe Walking/Bicycling Routes and distribute annual to parents/guardians.</p>
<p>Much improvement and clean up in this area. New food service manager is assisting with contact parents regarding lunch accounts and with enforcing and educating policy.</p>	X				<p>Notification to parents. Policy posted on website. Reminder notices bi-weekly to parents regarding lunch account balances. Monthly notices to parents regarding delinquent lunch account balances.</p>	<p>Policy 808.1 Lunch Accounts/Unpaid Meal Policy.</p>