

Wellness-Related Policy Assessment – 2018-2019 (August - December)

School Name: Jr/Sr High School – Wellness Committee (Advisory Council review)

Strategy	Current Policy	Strength of Current Policy			Implementation of Current Policy					Notes
		Strong	Weak	No Policy	School Wide	Most Classrooms	A Few Classrooms	In Planning	No Classrooms	
<p><i>Topics Discussed</i></p> <p>Committee Meetings – Adoption of annual calendar. Approval of Calendar by Committee. Include Calendar as part of the Committee By-laws.</p> <p>Committee Meetings – Sign-in sheets should state name and position of those in attendance: Ex: Jane Doe – Teacher.</p> <p>Committee Meetings – By-Laws Development & Adoption.</p> <p>Committee Meetings – Composition of members.</p> <p>Committee Meetings – Discussion at PTO meetings – information sent home to parents. Spread the word.</p>	<p><i>Status</i></p> <p>Annual Calendar developed and adopted by committee. Copies have been collected for documentation.</p> <p>Sign-in sheets are being turned in for each meeting.</p> <p>By-Laws adopted in 16-17, no changes to them for 17-18.</p> <p>Good Committee Composition - staff, parents, students, administrators, food service, board members.</p> <p>Discussion about updating parents via newsletters, PTO discussions, Facebook, website, etc. Nutrition promotion.</p>	X		No Policy	X					<p>Opportunities, Barriers, Resources Needed, Rank Policies by Priority, etc.</p> <p>None</p> <p>Notes: I requested sign-in sheets from Dr. English. Those in attendance were noted in the minutes.</p> <p>Notes</p> <p>Notes: Try to get nurse and guidance involved.</p>

Food – Serving Provide potable water.	Yes – As required by the Healthy, Hunger-Free Kids Act – During Serving Times Potable Water is available free.	X	X	X	Notes – Committee wanted to offer more water and water breaks.
Provide non-food rewards.	All rewards have now moved away from food items and are now non-food reward items.	X		X	
Primarily non-food items should be sold through school fundraising activities.		X		X	School Fundraising Items are sold outside of the school day and do include candy, and other non-healthy type items. PTO's and Boosters choose these items.
Provide opportunity for hand-washing and sanitizing prior to meal periods.		X		X	
Provide appropriate meal times: Allow 10 mins sit down time for breakfast. Allow 20 minutes sit down time for lunch.		X		X	
Provide opportunities for children to get physical activity every day.	Turkey Trot was planned for November 2018 again. Live Well Allegheny discussions with SADD members to promote mental health. Student RVTV has held mental health spots.	X		X	The schoolwide events have worked out great. The daily events tend to continue to be a struggle. Mental Health awareness has improved.
The school demonstrates a commitment to neither deny nor require physical activity or meals as a means of punishment.		X		X	

Smart Snacks – Food List for parents – Metz pricing list. Notify parents annually.		X		N/A	
Develop Safe Walking/Bicycling Routes and distribute annual to parents/guardians.	Safe walking/bicycle routes approved and posted on the website. Discussion with Neil regarding distributing them to parents now and then annually including in the student handbook.	X	X	Dr. English made sure the student handbook included copies of the safe walking routes as well as the wellness policy.	
Policy 808.1 Lunch Accounts/Unpaid Meal Policy.	Notification to parents. Policy posted on website. Reminder notices bi-weekly to parents regarding lunch account balances. Monthly notices to parents regarding delinquent lunch account balances. Working towards Plan to provide Business Office notice to parents regarding delinquent lunch accounts.	X	X	Much improvement and clean up in this area. New food service manager is assisting with contact parents regarding lunch accounts and with enforcing and educating policy.	

Reviewed by Tammy Good, PDE School Food Authority Representative 1/3/2019